

2005 Fall Soccer Parents' Meeting

1. **Welcome**
2. **Introductions**
3. **Calendar** – Game schedule and fall calendar is available for download from the high school website – note, the “game schedule” has been updated (it includes 2 xtra games), the color “fall calendar” has not – when game times have been confirmed we will upload an accurate calendar – hopefully next week. Find this online @:
http://www.ptsd.wednet.edu/highschool/sports/fall_sports_05/girls_soccer/girls_soccer_default.html
4. **Important Policies**
 - a. **Tardiness to Games or Practice**

Per team’s decision: 1st one free under 5 min. w/ apology to team – after that, 1 lap around entire practice area for every 5 min. late. After practice/game – habitual will be addressed specifically if it is an issue. Examples of excused tardiness would be if a player has to take a make-up test after school, just get a note from the teacher or a Dr. appointment – let Ryan know in advance.
 - b. **Missed Practices**
 - Excused – Ryan must be notified BEFORE absence – when we get into regular league play, player will not start in the next game
 - Unexcused – will not play in next game without exception
 - c. **Injuries**
 - Doctor’s Note – If a player is injured, she must have a doctor’s note AND a parent’s note in order to return to active play.
 - If a player is too injured to practice the day before the game, she is too injured to play in the game the next day.
 - If a player is too injured to practice, she is still expected to be at practice so she can stay up to speed with the rest of the team.
 - d. **Safety**
 - For safety reasons we will not allow the girls to play with jewelry of any kind – earrings, other piercings, rings, etc., metal barrettes or other dangerous hair control devises (all HCD’s must be soft), or with gum. Shinguards must be worn during all contact play.
 - e. **Basic Eligibility Rules**
 - Minimum practices to be eligible to play in a game = 10
 - Must pass all subjects in previous grade period, minimum 2.0 GPA. If you haven’t met these criteria you are unable to participate in contests until the 3 week checkup with passing grades – you may practice with the team in the meantime.
 - Must attend entire day and participate in class activities to attend practice & contests.
 - Emergency absences must be approved by the Athletic Director
 - No alcohol, tobacco or non-prescribed controlled substance – any infraction results in automatic season suspension.
 - No tolerance for hazing. All new players should feel welcome as part of our “soccer family.”
 - e. **Rides After Games**
 - No rides with others parents/friends/etc. from games without Athletic Director pre-written approval
 - If player goes home with parents at an away game instead of riding home on the bus, parents MUST sign daughter out.

5. Sportsman’ship:

Good sportsmanship is an important lesson in soccer. It is expected that all players, spectators, parents etc. exemplify good sportsmanship as representatives of PTHS. Coaches, players, referees, etc. all make mistakes – we are all human. It is important to keep some perspective on the whole

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Assistant Coach: Dave Peterson • Trainers: Colin Foden, Dee Taylor

situation - after all, soccer is only a game. As a coach, I have no tolerance for poor sportsmanship from our parents/spectators – as adults, we are the role models for our athletes. If you cannot keep yourself under control, you will be asked to leave.

6. Uniforms

- Each player will be issued a uniform prior to the first interscholastic contest. Each player is responsible for examining her uniform upon receipt and noting any problems or damage with the condition of the uniform at that time. After that, each player is responsible for the care and condition of her uniform. Both jerseys should be brought to ALL contests. These uniforms cannot be replaced without replacing the entire team's uniforms (so the true value of each uniform is really thousands of dollars) – which could mean if we don't get one back that next year we may not have enough for everyone the following year. Please help us make sure we get all uniforms returned to us at the end of the season. Your athlete WILL NOT LETTER if her complete uniform isn't returned.
- Socks – each player is expected to purchase her own socks for the uniform – one red pair and one white pair. Dave has ordered them and he will need to be reimbursed by each player individually. Both pairs of socks should be brought to ALL contests.
- Laundering - uniforms should look clean at the start of each contest. It is expected that they are laundered AT LEAST once a week, twice if necessary.

7. Playing Time:

On varsity, the primary goal will be to field the strongest team possible. In general, players with more advanced skills will see more playing time than those still in developmental phases. However, a player must be in good standing with the team in order to be eligible for the most amount of minutes in a game. For example: a player who is a gifted athlete, but exerts little effort in practice, perhaps is tardy, or misses practice that week may very well play less than someone who gives her all everyday and motivates her teammates to play their best - even if her skills are not at the same level as the first player. The bottom line: skill matters, but so does attendance, attitude, and fitness. Please remind your athlete not to take decisions about playing time personally – not every player will play every minute of every game – it is just not possible. Keep in mind that each player has an important role on the team whether she is a star player, the substitute for a star player, or a cheerleader. If you have questions or concerns about playing time, please discuss it with me.

9. Lettering:

The requirements for lettering as a varsity athlete are as follows, all criteria must be met:

- Athlete's grades and academic status meets or is above the minimum.
- The athlete has completed the season . . . this would include commitments to be with the team through the entire post-season schedule.
- Student/athlete is in good standing in school in terms of behavior, attendance and positive attitude.
- Athlete as finished the season in good standing on the athletic field. (An athlete who is ejected from 2 athletic contests will by WIAA rules, not be eligible to letter since they didn't finish the season in good standing.)
- Must play in at least 25% of all contests. (ie. 4 of 14 games)
- Athlete has returned her complete uniform.

If the team participates in the state tournament, all athletes in good standing who complete the season will letter.

Should an individual be injured at any point during the season, she will letter if she completes the season with the team including attending all practices and games. In this case, no 4 game participation rule will apply.

10. New Things for the Year

SuperStar of the Week Award:

Each week on Friday an award will be given out by the coaches for best effort/attitude during practice that week. To be eligible, you must have attended the entirety of all mandatory practices and games that week, arrived to every practice/game on time, and followed all other team policies. This is a traveling award that must be relinquished to the next award winner the following Friday. Each of the weekly SuperStars will be eligible to win the SuperStar of the year award at the End-of-Season award ceremony. The SuperStar of the Year award will be voted on by all teammates.

Big Sister/ Little Sister Program:

Transitioning to a new school/team can be challenging and it is important that everyone feels welcomed as part of our soccer family. As part of our Team Focus Day, Freshmen (little sisters) were each matched with an upperclassmen (big sisters). Big sisters can be available for questions about the team, soccer, school, classes, activities, can be another friendly face in the hall at school, a personal cheerleader, etc. Activities will be determined (roughly) weekly by the girls.

Team Focus Day:

Yesterday, I'm sure you heard we had fun learning more about one another and doing some team-building activities in the afternoon. Thank you to those of you who volunteered to donate food for all of us.

Goal Setting:

We will be focusing as a team on periodically setting team and individual goals. Anything you can do to help support your daughter in meeting or measuring these goals would be most appreciated. For example, if her personal goal is to make every shot she makes "on goal" (rather than over or left or right) you might help by counting the number of her shots during a game and keeping track of how many of those are "on goal."

Soccer "Journal"

Your daughter is encouraged to keep an up to date soccer log of what her goals are, how much time with the ball outside of practice she spends (an award will be given for this at the end of the season), & tidbits she wants to remember, track, etc.

11. Questions or Concerns

- I am available for questions or concerns via phone or email. Specifically, if your daughter has a health concern I should be aware of, please let me know. I'm always happy to make an appointment with you if you'd prefer to talk in person.
- If you are upset, I am not available to have a disagreement with you in front of the girls. Let's make an appointment and we can discuss it as adults.

12. Volunteers Needed

- Video Taping Away Games
- Building/Managing Telephone Tree for use with bus arrivals for away games.
- Head of Organizing Awards Ceremony @ end of season
- Halftime/After Game Fruit?
- Fundraising?

13. Donations/Equipment Loans Needed

- Xtra Shinguards & Cleats
- VCR for video days

14. Open for Questions